

# Wildfire Survivors Should Take Advantage of State and Federal Resources

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FEMA and the state recognize the immense financial and emotional toll wildfires have on individuals and families. While coping with these challenges, here are some resources that may help.

## Where Can I Get Help?

- [LACounty.gov/Emergency](https://www.lacounty.gov/emergency): Real time evacuation, shelter, and other information.
- [2025 Los Angeles Fires | CA.gov](https://2025losangelesfires.ca.gov): One-stop shop for wildfire assistance.
  - [Get help in person | CA.gov](https://gethelpinperson.ca.gov): Wait times for those visiting a Disaster Recovery Center (DRC).
- [DisasterAssistance.gov](https://disasterassistance.gov): To register for financial assistance for uninsured or underinsured expenses related to the wildfires.
- [988 Lifeline](https://988lifeline.org): 24/7 confidential support for mental health crises, thoughts of suicide, or substance use issues. Call or text: **988**.
- Friendship Line California: 24/7 support for Californians aged 60+ to connect with someone ready to provide emotional support and a listening ear. **Call?: 1-888-670-1360**.
- [Emotional Support Services \(CalHOPE\)](https://calhope.org/emotional-support-services): Peer counseling for stress, anxiety, depression or worry.
- [Mental Health Support for Youth and Families \(CalHOPE\)](https://calhope.org/mental-health-support-for-youth-and-families): Mental health coaching and resources for parents with kids (ages 0-12) and teens/young adults (ages 13-25).
- [Substance Abuse and Mental Health Services Administration \(SAMSHA\)](https://samhsa.gov): Disaster Distress Helpline provides 24/7 crisis counseling and support to survivors experiencing emotional distress related to disasters. SAMSHA is an agency of the U.S. Department of Health and Human Services (HHS).
  - Call **800-985-5990**, visit [samhsa.gov/](https://samhsa.gov) or text **TalkWithUs** for English or **Hablamos** for Spanish to **66746** to connect with a trained crisis counselor.



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- [Crisis Text Line](#): Text **HOME** to **741741** to connect with a volunteer Crisis Counselor.
- **LA County Department of Mental Health:**
  - [Mental Health and Stress After An Emergency](#)
  - [LA County Access Center Hotline](#)



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