Wildfire Survivors Should Take Advantage of State and Federal Resources

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FEMA and the state recognize the immense financial and emotional toll wildfires have on individuals and families. While coping with these challenges, here are some resources that may help.

Where Can I Get Help?

- LACounty.gov/Emergency: Real time evacuation, shelter, and other information.
- 2025 Los Angeles Fires | CA.gov: One-stop shop for wildfire assistance.
  - Get help in person | CA.gov: Wait times for those visiting a Disaster Recovery Center (DRC).
- DisasterAssistance.gov: To register for financial assistance for uninsured or underinsured expenses related to the wildfires.
- 988 Lifeline: 24/7 confidential support for mental health crises, thoughts of suicide, or substance use issues. Call or text: **988.**
- Friendship Line California: 24/7 support for Californians aged 60+ to connect with someone ready to provide emotional support and a listening ear. **Call?: 1-888-670-1360.**
- Emotional Support Services (CalHOPE): Peer counseling for stress, anxiety, depression or worry.
- Mental Health Support for Youth and Families (CalHOPE)**:** Mental health coaching and resources for parents with kids (ages 0-12) and teens/young adults (ages 13-25).
- Substance Abuse and Mental Health Services Administration **(SAMSHA):** Disaster Distress Helpline provides 24/7 crisis counseling and support to survivors experiencing emotional distress related to disasters. SAMSHA is an agency of the U.S. Department of Health and Human Services (HHS).
  - Call **800-985-5990**, visit samhsa.gov/ or text **TalkWithUs** for English or **Hablamos** for Spanish to **66746** to connect with a trained crisis counselor.

- **Crisis Text Line**: Text **HOME** to **741741** to connect with a volunteer Crisis Counselor.
- **LA County Department of Mental Health**:
  - Mental Health and Stress After An Emergency
  - LA County Access Center Hotline